

Child Protection Policy

Child Protection Policy Statement

xLRB Dance & Wellbeing has a duty of care to safeguard all children involved from harm. All children have a right to protection, and the needs of the disabled and others who may be particularly vulnerable must be taken into account. xLRB Dance & Wellbeing will ensure the safety and protection of all children involved in xLRB Dance & wellbeing through adherence to the Child Protection guidelines adopted by xLRB Dance & Wellbeing. A child is defined as under 18 (The Children Act 1989).

Policy Aims

The aim of the xLRB Dance & Wellbeing Child Protection Policy is to promote good practice:

- Providing children and young people with appropriate safety and protection whilst in the care of xLRB Dance & Wellbeing. Allow all staff / volunteers to make informed and confident responses to specific child protection issues.

Promoting Good Practice with Young People

Introduction

Child abuse, particularly sexual abuse, can arouse strong emotions in those facing such a situation. It is important to understand these feelings and not allow them to interfere with your judgement about any action to take. Abuse can occur within many situations including the home, school and the sporting environment. Some individuals will actively seek employment or voluntary work with young people in order to harm them. A coach, instructor, teacher, official or volunteer may have regular contact with young people and be an important link in identifying cases where a young person needs protection. All suspicious cases of poor practice should be reported following the guidelines in this document. When a child enters the club having been subjected to child abuse outside the sporting environment, sport can play a crucial role in improving the child's self esteem. In such instances the club must work with the appropriate agencies to ensure the child receives the required support.

Good Practice Guidelines

All personnel is encouraged to demonstrate exemplary behaviour in order to protect themselves from false allegations. The following are common sense examples of how to create a positive culture and climate within sport:

Good Practice Means:

- Always working in an open environment (e.g. avoiding private or unobserved situations and encouraging an open environment i.e. no secrets).
- Treating all young people/disabled adults equally, and with respect and dignity.
- Always putting the welfare of each young person first, before winning or achieving goals.
- Maintaining a safe and appropriate distance with players (e.g. it is not appropriate to have an intimate relationship with a child or to share a room with them).
- building balanced relationships based on mutual trust which empowers children to share in the decision-making process;
- Making sport fun, enjoyable and promoting fair play.
- Ensuring that if any form of manual/physical support is required, it should be provided openly and according to guidelines provided by the Coach Education Programme. Care is needed, as it is difficult to maintain hand positions when the child is constantly moving. Young people should always be consulted and their agreement gained. Some parents are becoming increasingly sensitive about manual support and their views should always be carefully considered.
- Keeping up to date with the technical skills, qualifications and insurance in sport.
- Involving parents/carers wherever possible (e.g. for the responsibility of their children in the changing rooms). If groups have to be supervised in the changing rooms, always ensure parents/teachers/coaches/officials work in pairs.
- Ensuring that at tournaments or residential events, adults should not enter children's rooms or invite children into their rooms.
- Being an excellent role model – this includes not smoking or drinking alcohol in the company of young people.
- Giving enthusiastic and constructive feedback rather than negative criticism.
- Recognising the developmental needs and capacity of young people and disabled adults – avoiding excessive training or competition and not pushing them against their will.
- Securing parental consent in writing to act in loco parentis, if the need arises to give permission for the administration of emergency first aid and/or other medical treatment.
- Keeping a written record of any injury that occurs, along with the details of any treatment given.
- Requesting written parental consent if club officials are required to transport young people in their cars.

Practice to be Avoided

The following is to be **avoided** except in emergencies. If cases arise where these situations are unavoidable they should only occur with the full knowledge and consent of someone in charge in the club or the child's parents. For example, a child sustains an injury and needs to go to hospital, or a parent fails to arrive to pick a child up at the end of a session:

- Avoid spending excessive amounts of time alone with children away from others;
- Avoid taking children to your home where they will be alone with you.

Practice never to be sanctioned

The following is to **never** be sanctioned. You should never:

- Engage in rough, physical or sexually provocative games, including horseplay;
- Share a room with a child;
- Allow or engage in any form of inappropriate touching;
- Allow children to use inappropriate language unchallenged;
- Make sexually suggestive comments to a child, even in fun;
- Reduce a child to tears as a form of control;
- Allow allegations made by a child to go unchallenged, unrecorded or not acted upon;
- Do things of a personal nature for children or disabled adults, that they can do for themselves;
- Invite or allow children to stay with you at your home unsupervised.

NB. It may sometimes be necessary for staff or volunteers to do things of a personal nature for children, particularly if they are young or are disabled. These tasks should only be carried out with the full understanding and consent of parents and the players involved. There is a need to be responsive to a person's reactions. If a person is fully dependent on you, talk with him/her about what you are doing and give choices where possible. This is particularly so if you are involved in any dressing or undressing of outer clothing, or where there is physical contact, lifting or assisting a child to carry out particular activities. Avoid taking on the responsibility for tasks for which you are not appropriately trained.

If any of the following occur you should report this immediately to another colleague and record the incident. You should also ensure the parents of the child are informed.

- If you accidentally hurt a player.
- If he/she seems distressed in any manner.
- If a player appears to be sexually aroused by your actions.
- If a player misunderstands or misinterprets something you have done.

Guidelines for Use of Photographic Filming Equipment at Sporting Events

There is evidence that some people have used sporting events as an opportunity to take inappropriate photographs or film footage of young and disabled sportspeople in vulnerable positions. It is advisable that all clubs be vigilant with any concerns to be reported to Lianne Davies of [xLRB Dance & Wellbeing](#).

Videoing as a coaching aid: there is no intention to prevent club coaches and teachers using video equipment as a legitimate coaching aid. However, performers and their parents/carers should be aware that this is part of the coaching programme and care should be taken in the storing of such films. [xLRB Dance & Wellbeing](#) will collect parent/student consent before any photography and/or videoing of children or young adults is taken.

Recruitment and Selecting Staff and Volunteers

[xLRB Dance & Wellbeing](#) recognises that anyone may have the potential to abuse children in some way and that all reasonable steps are taken to ensure unsuitable people are prevented from working with children. When undertaking pre selection checks the following is included:

- All volunteers /staff complete an application form. The application form will elect information about applicants past and a self disclosure about any criminal record.
- Consent is obtained from an applicant to seek information from the Disclosure and Barring Services. The Disclosure and Barring Service (DBS) helps employers make safer recruitment decisions and prevent unsuitable people from working with vulnerable groups, including children. It replaces the Criminal Records Bureau (CRB) and Independent Safeguarding Authority (ISA).
- Two confidential references, including one regarding previous work with children. These references are taken up and confirmed through telephone contact.
- Evidence of identity (Passport or driving licence with Photo).

Responding To Suspicions, Allegations or Concerns

It is not the responsibility of anyone working at [xLRB Dance & Wellbeing](#) in a paid or unpaid capacity to take responsibility or to decide whether or not child abuse has taken place. However there is a responsibility to act on any suspicions, allegations or concerns through contact with the appropriate authorities. All [xLRB Dance & Wellbeing](#) staff, before carrying out any teaching, will have been briefed on what to look out for in relation to child safety and all staff will have access to a copy of

this document. All current XLRB Dance & Wellbeing staff have attended a child safeguarding course and will have confirmation of this. Any new staff that joins the company will have also attended this course before any teaching takes place.

XLRB Dance & Wellbeing will assure all staff/volunteers that they will fully support and protect anyone, who in good faith reports his or her concern that a colleague is, or may be, abusing a child.

Where there is a complaint against a member of staff there may be three types of investigation

- A criminal investigation,
- A child protection investigation,
- A disciplinary or misconduct investigation.

The results of the police and child protection investigation may well influence the disciplinary investigation, but not necessarily.

Suspected Abuse

- Any suspicion that a child has been abused by either a member of staff or a volunteer should be reported to Lianne Davies (designated senior person) of XLRB Dance & Wellbeing who will take such steps as considered necessary to ensure the safety of the child in question and any other child who may be at risk.
- Lianne Davies of XLRB Dance & Wellbeing will refer the allegation to the social services department who may involve the police, or go directly to the police if out-of-hours.
- The parents or carers of the child will be contacted as soon as possible following advice from the social services department.
- If Lianne Davies of XLRB Dance & Wellbeing is the subject of the suspicion/allegation/concern, or in her absence, the report will be made to the appropriate School or Council representative in line with their local child protection policies and procedures.
- In addition, Lianne Davies and XLRB Dance & Wellbeing staff will ensure they have read and understood the child protection policies and procedures of the individual schools and organisations they work with.

Confidentiality

Every effort is made to ensure that confidentiality is maintained for all concerned. Information is to be handled and disseminated on a **need to know basis** only. This includes the following people:

- Lianne Davies of *xLRB Dance & Wellbeing*
 - The parents of the person who is alleged to have been abused;
 - The person making the allegation;
 - Social services/police;
 - The alleged abuser (and parents if the alleged abuser is a child*)
- *Seek social services advice on who should approach alleged abuser.

Information is to be stored in a secure place with limited access to designated people, in line with data protection laws (e.g. that information is accurate, regularly updated, relevant and secure).

Internal Enquiries and Suspension

- Lianne Davies will make an immediate decision about whether any individual accused of abuse should be temporarily suspended pending further police and social services inquiries.
- Irrespective of the findings of the social services or police inquiries the *xLRB Dance & Wellbeing* Disciplinary Committee will assess all individual cases to decide whether a member of staff or volunteer should be reinstated and how this can be sensitively handled. This may be a difficult decision; particularly where there is insufficient evidence to uphold any action by the police. In such cases, the *xLRB Dance & Wellbeing* Disciplinary Committee must reach a decision based upon the available information which could suggest that on a balance of probability; it is more likely than not that the allegation is true. The welfare of children is to always remain paramount.

Support to Deal With the Aftermath

- Consideration is to be given about what support may be appropriate to children, parents and members of staff. Use of Help Lines, support groups and open meetings will maintain an open culture and help the healing process. The British Association of Counselling (**The British Association for Counselling Directory**) is available from The British Association for Counselling, 1 Regent Place, Rugby CV21 2PJ, Tel: 01788 550899, Fax: 01788 562189, E-mail: bac@bac.co.uk, Internet: www.bac.co.uk may be a useful resource.
- Consideration is to be given about what support may be appropriate to the alleged perpetrator of the abuse.

Allegations of Previous Abuse

Allegations of abuse may be made some time after the event (e.g. by an adult who was abused as a child or by a member of staff who is still currently working with children). Where such an allegation is made, the club should follow the procedures as detailed above and report the matter to the social services or the police. This is because other children, either within or outside sport, may be at risk from this person.

Anyone who has a previous criminal conviction for offences related to abuse is automatically excluded from working with children.

This is reinforced by the details of the Protection of Children Act 1999.

Action If Bullying Is Suspected

The same procedure is to be followed as set out in the Section relating to responding to suspicions or allegations, if bullying is suspected. All settings in which children are provided with services or are living away from home should have rigorously enforced anti-bullying strategies in place.

Action To Help The Victim And Prevent Bullying In Sport:

- Take all signs of bullying very seriously.
- Encourage all children to speak and share their concerns (It is believed that up to 12 children per year commit suicide as a result of bullying, so if anyone talks about or threatens suicide, seek professional help immediately). Help the victim to speak out and tell the person in charge or someone in authority. Create an open environment.
- Investigate all allegations and take action to ensure the victim is safe. Speak with the victim and the bully(ies) separately.
- Reassure the victim that you can be trusted and will help them, although you cannot promise to tell no one else.
- Keep records of what is said (what happened, by whom, when).
- Report any concerns to Lianne Davies of  or the school (wherever the bullying is occurring).

Action Towards The Bully(ies):

- Talk with the bully(ies), explain the situation, and try to get the bully(ies) to understand the consequences of their behaviour. Seek an apology to the victim(s).
- Inform the bully's parents.
- Insist on the return of borrowed items and that the bully(ies) compensate the victim.
- Provide support for the coach of the victim.
- Impose sanctions as necessary.
- Encourage and support the bully(ies) to change behaviour.
- Hold meetings with the families to report on progress.
- Inform all organisation members of action taken.
- Keep a written record of action taken.

Remember:

- Maintain confidentiality on a need to know basis only.
- Ensure Lianne Davies of  Dance & Wellbeing follows up with social services.

If you do not know who to turn to for advice or are worried about sharing your concerns with a senior colleague, you should contact the social services direct (or the NSPCC on 0808 800 5000, or Childline on 0800 1111)

What To Do If There Are Concerns

Information passed to the social services or the police must be as helpful as possible, hence the necessity for making a detailed record at the time of the disclosure/concern.

Information should include the following:

- Name of child
- Age of child and date of birth
- Home address and telephone number
- Is the person making the report expressing their own concerns or those of someone else.
- What is the nature of the allegation? Include dates, times, any special factors and other relevant information.
- Make a clear distinction between what is fact, opinion or hearsay.
- A description of any visible bruising or other injuries. Behavioural signs indirect signs?
- Witnesses to the incidents.
- The child's account, if it can be given, of what has happened and how any bruising or other injuries occurred.
- Have the parents been contacted?
- If so what has been said?
- Has anyone else been consulted? If so record details.
- If it is not the child making the report has the child concerned been spoken to? If so what was said

A handwritten signature in black ink that reads 'Lianne Davies'. The signature is written in a cursive, flowing style.

(Lianne Davies) September 2020 – August 2021